

**ACKNOWLEDGEMENT OF RISK FOR  
BACKPACKING, CAMPING, HIKING AND ALL RELATED ACTIVITIES**

On any camping/day hiking/ backpacking trip and other all activities listed in [www.bayalpineclub.org](http://www.bayalpineclub.org), the risks you may encounter include but are not limited to the following:

1. Accidents can occur while hiking: trails are often steep, rocky, and/or slippery; some hikes involve crossing streams, where footing can be awkward; participants can slip or fall during a hike, resulting in injury or death. Travel by foot is over rugged unpredictable trail and off-trail terrain, including boulder fields, downed timber, river crossings, high mountain passes, snow and ice, steep slopes, and slippery rocks. Attendant risks include collision, falling, drowning and others usually associated with such travel, carpool, as well as environmental risks.
2. Environmental risks include rapidly moving, deep or cold water, insects, snakes, and predators, including large animals, poisonous plants; falling and rolling rock, lightning, avalanches, flash floods, and unpredictable forces of nature, including weather that may change to extreme conditions without notice.
3. You may experience extremely cold conditions, which can lead to injury from frostbite or death from hypothermia.
4. You may experience extremely hot conditions, which can lead to heat stroke or heat exhaustion, which can lead to serious illness or death.
5. Hikers may become lost, especially in low-visibility weather conditions, which may lead to prolonged exposure to heat or cold, lack of food or water, and other hazardous environmental conditions.
6. Meals are prepared over gas stoves and sometimes open fires. Water often requires purification before use. Attendant hazards may include: burns, cuts, and flu-like illness.
7. Decisions are made by the leaders and participants in a wilderness setting, based on a variety of perceptions and evaluations which by their nature are imprecise and subject to errors in judgment. Participants may have free and unsupervised time. Throughout the activities, participants are responsible for their own safety and asked to look out for the safety of other members of their group.
8. It is also possible that some participants would feel discomfort in uploading/sharing the pictures or suffer mental anguish or trauma from the experience or their injuries.

I, the undersigned, have read and understand the above Acknowledgment of Risk for Backpacking, Camping, Hiking and other all activities in [www.bayalpineclub.org](http://www.bayalpineclub.org) including Mountain Biking and Rock Climbing.

Participant Name (print): \_\_\_\_\_ BAC Nickname \_\_\_\_\_  
Parent or Guardian

(if Participant is under 18): \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## WAIVER AND RELEASE OF LIABILITY

### IMPORTANT: THIS IS A LEGAL DOCUMENT

PLEASE READ THIS DOCUMENT CAREFULLY BEFORE SIGNING BELOW. THIS AGREEMENT AND RELEASE INCLUDES A RELEASE OF CLAIMS. A COPY OF THIS RELEASE CAN BE USED AS IF IT WERE AN ORIGINAL.

In consideration of being allowed to participate in any way in the Bay Alpine Club (AKA BAC) programs, related events and activities, I agree to indemnify and hold harmless BAC and their members from all claims, damages, losses, injuries and expenses arising out of or resulting from participation in these activities. I further agree to release, acquit and covenant not to sue BAC and their members for all actions, causes of action, claims or damages, damages in law or remedies in equity of whatever kind, including the negligence of BAC or my family, myself, or my heirs, against BAC arising out of participation in these activities.

I am aware that ACKNOWLEDGEMENT OF RISK FOR CAMPING/HIKING/BACKPACKING AND OTHER RELATED ACTIVITIES entails risks of injury or death to any participant. I understand the description of these inherent risks is not complete and that other unknown or unanticipated inherent risks may result in injury or death. I agree to assume and accept full responsibility for the inherent risks identified herein and those inherent risks not specifically identified including transportation to and from the activities.

I authorize and release to Bay Alpine Club (BAC) the use of my image in any photograph or video recording for any purpose of BAC.

I agree to the site of any lawsuit and the law governing any such lawsuit shall be California and governed by California law. The terms of this agreement shall continue and be in effect as long as I participate or involve any or all BAC and its related activities.

I, \_\_\_\_\_, of my own free will, for my family, my minor children, my heirs and executors and myself, have read, understand, and acknowledge the risks and liability for myself, and my family in participating in all activities

Address: \_\_\_\_\_ Phone #: \_\_\_\_\_

City / State / Zip: \_\_\_\_\_

In case of emergency please contact: \_\_\_\_\_ Phone: \_\_\_\_\_

\_\_\_\_\_  
Participant's Signature

\_\_\_\_\_  
Printed Name / BAC nickname

\_\_\_\_\_  
Date

FOR PARTICIPANTS UNDER THE AGE OF EIGHTEEN A PARENT OR GUARDIAN MUST SIGN BELOW

In signing this document for my minor child I agree to pay any and all costs and attorney fees incurred by BAC in the event that BAC is forced to defend any action, lawsuit, or litigation brought by my minor child.

\_\_\_\_\_  
Guardian or Parent Signature

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Date